#### **HEALTH AND WELLNESS**

Healthy Life

Saturday March 18 (9am)- Freestyle Fitness with health coach

Sunday March 26th-21 day Daniel Fast Begins

#### MARCH IS COLORECTAL CANCER AWARENESS MONTH!!!

Colorectal cancer is one of the most dangerous forms of cancer in the United States- responsible for the second most cancer deaths. As with most forms of cancer, though, the key to surviving and beating colorectal cancer is to catch the disease early. This can be accomplished by being knowledgeable and having a solid understanding of its signs and symptoms. 1) Blood in Stool 2) Inconsistent Bowel Movements 3) Sudden Anemia, 4) Consistent or Sudden and Abdominal Pain, 5) Sudden/Unexplained Weight-Loss or Loss of Appetite, 6) Regular and Involuntary Vomiting. Getting regular checkups and colon cancer screening is the best way to prevent colorectal cancer. Finding and removing colon polyps helps prevent colon cancer. You may also consider early detection through simple home colorectal cancer screening kits (such as: E-Z Detect, ColoGuard, etc) which can be obtained through most local pharmacies. If the results of the home kit are abnormal, schedule an appointment with your physician immediately for consultation. Also, a colonoscopy is recommended at age 40-45. If you have a family history of colon cancer, it is recommended that you start getting a colonoscopy 10 years before the age that the immediate family member was diagnosed with cancer. As always, choose/eat a nutritious, healthy diet! You can also ask your doctor about taking a probiotic for promoting good colon health.

#### **ACADEMIC SCHOLARSHIPS**



The Anderson United Methodist Women sponsor the Lola K. Smith Scholarship Award opportunity again this year. Two(2) \$500 scholarships will be awarded to deserving Anderson students and the winners announced during the April 23, 2017 Womens Day program. Applicants must be attending college during the 20

2017 Womens Day program. Applicants must be attending college during the 2017/2018 school year to qualify. Applications for the scholarship are located in the Narthex. The deadline to submit applications is April 2, 2017. For more information, contact Toya Allen toyaallen11@gmail.com or (601)937-0415.

The Golf Ministry announces the "2017 Jesse Samuel Academic Scholarship" to be awarded to a 2017 high school graduating senior who is a member of Anderson UMC. The scholarship is only awarded once to a different recipient each year in the amount of \$1,000.00. The application process begins February 15th - March 30th. The scholarship applications are available in the Narthex.

#### THE PRISON MINISTRY

is joining the Kairo's Outside weekend that will be held March 17th thru March 19th at Camp Wesley Pines. These are women, (mothers, sisters, wives, daughters, friends) of the incarcerated, and they will be there the entire weekend being shown God's unconditional love and we are asking for your support. Prayer is absolutely FREE, and can be done anywhere! We are asking that you please pray for the guests and the team who will be there. If you are willing to take a moment and pray for the ministry that weekend, please come by and see Ms. Saundra Hill in the Education Annex to sign up for a prayer time today after service. You don't have to go anywhere specific to pray for them at the time you sign up. By signing up, it is a sign of God's love that can be shown to the guests to let them know people are thinking and praying for them. How did it feel knowing someone prayed for you? Blessed to be a blessing!



#### THE YOUTH MINISTRY

is hosting a donation drive for the Mississippi Animal Rescue League. Please consider donating cleaning supplies, office supplies, or cat or dog food in the donation boxes in throughout the church.

## THE ANDERSON CHRONICLE



#### **OUR JOURNEY TO THE CROSS**

Lent, the period of 40 days before Easter (excluding Sundays), begins on Ash Wednesday and ends at sundown on Holy Saturday, the evening before Easter. During Lent, we enter into a season of preparation, self-reflection and repentance when we seek to literally "turn around" and realign our lives and focus toward God. It is a time to give up things as well as take on new life-giving practices, helping

us rid ourselves of distractions and our own selfish desires. By doing so, we seek to live and love as more faithful disciples of Jesus Christ. The Easter Season, also known as Eastertide or the Great Fifty Days, begins on Easter Day and ends on Pentecost. Focusing on Christ's resurrection and ascension and the sending of the Holy Spirit (Pentecost), Eastertide is the most joyous and celebrative season of the Christian year. We celebrate the good news that in Christ's death and resurrection we, and all creation, are continually being made new by God's love and saving grace.

## JOIN US FOR HOLY WEEK ACTIVITIES

Sunday, April 9th: Palm Sunday

Monday, April 10th: Prayer Vigil from 8:00 a.m.— 8:00 p.m.

Tuesday, April 11th: Lenten Lunch at 12 noon - 1:00 p.m.

Wednesday, April 12th: Lenten Play at 6:30 p.m.

Thursday, April 13th: Maundy Thursday / Station of the Cross at 6:30 p.m.

Friday, April 14th: Carry the Cross at 10:00 a.m.

Saturday, April 15th: Easter Egg Hunt -10:00 a.m.2:00 p.m.

Sunday, April 16th: Sunday school Easter Program at 9:00 a.m.

### SAVE THE DATE FOR WOMEN'S DAY-SUNDAY, APRIL 23RD AT 11:45 AM.

### JOIN US FOR MISSION SATURATION DAY

The Mission ministry is looking for 100 volunteers to help with mission projects throughout the city on Saturday, April 29th from 9:00 a.m.—12:00 p.m. We will, serve the homeless, volunteer at Salvation Army, Goodwill, various shelters, cleaning yards and much more. For more information or to volunteer contact Shamika Blair at (601) 405-6927.

Joe W. May, Senior Pastor Linda Williams, Associate Pastor Domini Henry, Associate Pastor Richard Scott, Associate Pastor

#### **Order of Service**

#### **Gathering Music**

#### Call to Worship

Leader: We are called to go to places that we don't know.

People: We look to the hills for our strength.

Leader: Our strength is in God, who always goes with us.

People: We walk in faith.

Leader: Come, let us worship the God who calls us and who walks beside us through-

out the journey.

#### Congregational Song

"Every Praise Is To Our God"

#### **Prayer of Confession**

Loving and ever-present God, we confess that we are not always sure of you. Our doubts overwhelm us at times. But we continue to search and to yearn for reassurance of your presence with us, no matter what is going on in our lives. In times of joy and in time of sorrows and challenges, help us feel your presence with us. Give us a faith that looks to the hills, where we will find you, steadfast and sure. Be with us on our journey, the journey to which you call us, that we may walk in your ways with you beside us. Amen.

#### **Words of Assurance**

God so loved the world—God so loved us that God goes with us every step of the way. In this we are blesses. Know that God hears, answers, and loves us—and in this loving, understands and forgives us.

#### Announcements & Special Recognition (8:00 a.m.)

#### **Prayer of Dedication**

We have received from you the gift of being and new being, Creator God. Receive from us this portion of your bounty, and bless it to be a new beginning of generosity in our souls and a new beginning of hope for others. Amen.

#### **Music Ministry**

#### Offertory Prayer & Doxology

Scripture Matthew 17: 1-9

**Music Ministry** 

Sermon "How To Recognize A Good Place" Pastor May

Invitation to Christian Discipleship

Sending Forth

#### **Anderson Recognizes Two Outstanding Employees**

The Pastor Parish Relations Committee (PPRC) is pleased to honor employees each month who consistently demonstrate a spirit of excellence, a commitment to Anderson and an exceptional dedication to their position.

# Mr. Doug Stringfellow JANUARY EMPLOYEE OF THE MONTH

Doug Stringfellow has been an employee of Anderson for 13 years, during which time he has assisted and directed 2 sound system upgrades – working diligently in

collaboration with contracted technicians and engineers to ensure quality equipment and quality installations. Anderson's most recent video, sound and lighting upgrades were the most comprehensive/extensive to date – requiring months of planning internally with a special Communication Task Force along with multiple external sound and video contractors. During the planning, bidding, contractor selections and installation process, Anderson relied very heavily on Doug's expertise to ensure we were maximizing our needs while being good stewards over God's resources. Doug did not hesitate to serve Anderson during this time by going above and beyond his call of duty – providing invaluable insight to ensure a successful upgrade while simultaneously protecting our interest.

Doug has a wealth of knowledge and appreciation for sound and he constantly maintains AUMC's sound system to ensure clear and comfortable levels. He is undoubtedly a great asset to Anderson's Worship Experience and the Pastor Parish Relations Committee is delighted to honor him as Anderson's *Employee* of the Month for the month of January.

# Ms. Felicia A. Thompson FEBRUARY EMPLOYEE OF THE MONTH

Felicia Thompson has been a faithful member and employee of Anderson for over 8 years. She is employed as a Nursery Caretaker where she is committed to the spiritual and physical wellbeing of the kids in her care. She is so committed to Anderson and the kids in her care that she has an impeccable attendance record – her superior noted that she **NEVER** misses work and she is **NEVER** late... Let the church say "Amen"!!

Felicia is very passionate about "planting spiritual seeds" so she meticulously researches and plans activities that will ignite a thirst and hunger in the kids to learn more about God. She creatively engages the kids in activities that are fun, educational and – above all – spiritual. She is noted as one of Anderson's most compassionate employees who consistently demonstrates a heart for Christ and is always willing to serve in any capacity she can.

If you didn't get a chance to order your Girl Scout Cookies, or you need more, you have a chance to get them TODAY! We thank you for supporting Anderson's Girl Scout Troop.

The Golden Ager's will luncheon will be Tuesday, March 14th. Please wear green.

Baptism class will be Wednesday, March 15th from 6:00 p.m. to 7:00 p.m. in the church's office.

To all ladies of Anderson! You are invited to The United Methodist Women meeting / lunch on Sunday, March 26th at 11:45 a.m. in the lower fellowship hall.

Disciple Bible Study 1 and Prayer Class starts Monday, March 13th. For more information email: Pastor Linda and linda@andersonumc.org